Guard Duty: Lifeguards vs. Patrons - Official Rule Book

Objective

- Lifeguards win if: All Patrons are eliminated or the pool stays operational for the required number of rounds.
- Patrons win if: Patrons equal or outnumber Lifeguards, or they successfully sabotage a pool for a set number of rounds.

Players

- Best with 10+ players for maximum suspense.
- Deal the cards, player with the Narrator card will serve as the Narrator.

Setup

- 1. Players can freely choose which and how many roles to use.
- 2. Agree on action gestures.
- 3. Deal the cards to assign roles secretly to each player.
- 4. Reveal only the Narrator.
- 5. Place pools on the table (number of pools = number of guards + 1).

Game Phases

- Night Phase: Players close their eyes; Narrator calls roles in order for actions. (See order below)
- Results Phase: Narrator announces eliminations, muted players, sabotages (if observed by Camera Observer), and checks for victory.

• Day Phase: Players discuss, vote, and possibly eliminate a player.

Core Loop

• Night -> Results -> Day, repeated until winning conditions are met.

Pool Guarding System

- Lifeguards choose pools to guard; Patrons choose a pool to sabotage.
- If the sabotaged pool is unguarded, sabotage succeeds.
- Successful sabotage can unlock Lifeguard abilities (such as Rescue Diver) or lead to Patron victory conditions.

Roles & Abilities

Narrator

• Calls roles each night, announces results, enforces rules, and keeps the game moving.

Lifeguards

- Security: Learns a player's alignment each night (Lifeguard vs. Patron); cannot target same player on consecutive nights.
- Camera Observer: Observes one pool per night; cannot observe the same pool twice consecutively.
- Whistle Marshal: Silences a player each night; silenced players cannot act or speak the next day; cannot target same player consecutively.
- Rescue Diver: Gains a one-time night elimination ability unlocked after first sabotage.
- Supervisor: Learns if a player performed an action (sabotage, guard, protect, etc.).

- Security Bodyguard: Protects a player each night; cannot protect the same player twice in a row; announces protection if triggered.
- Doctor: Protects a player from elimination; can protect the same player multiple nights.
- Regular Lifeguards: Choose pools to guard each night.
- Sleeper Lifeguard: No active ability; can be converted by the Recruiter Patron.

Patrons

- Leader Patron: Chooses a pool to sabotage and a target player; if sabotage succeeds, the target is eliminated.
- Disruptor Patron: Mutes a player for the next day.
- Chameleon Patron: Appears as Lifeguard if investigated by Security.
- Recruiter Patron: Once per game, can convert the Sleeper Lifeguard if unprotected.
- Tethered Patron: Chooses a player each night; if Tethered Patron is eliminated, the tethered player is also eliminated.
- Regular Patrons: Support sabotage efforts and help mislead Lifeguards.

Night Action Order

- 1. Leader Patron Target Player
- 2. Disruptor Patron Mute Player
- 3. Recruiter Patron Convert Attempt
- 4. Tethered Patron Choose Tether Target
- 5. All Patrons Confirm Sabotage
- 6. Lifeguards Assign Pool Guards
- 7. Security Learn Alignment

- 8. Security Bodyguard Protect Player
- 9. Doctor Protect Player
- 10. Rescue Diver Eliminate (if unlocked)
- 11. Whistle Marshal Silence Player
- 12. Camera Observer Observe Pool
- 13. Supervisor Learn Player Action

Suggested Gestures

- Point to choose a player.
- Patrons display pool numbers with fingers; Leader Patron shows final choice.
- Rescue Diver: Narrator shows an X if ability is locked.
- Supervisor: thumbs up for action, thumbs down for none.
- Security: thumbs up for Lifeguard team, thumbs down for Patron team.
- Camera Observer: thumbs up if pool sabotaged, thumbs down if not.

Result Phase:

Narrator announces order:

- Eliminated player
- Muted player
- Check if the winning condition is met

Discussion & Voting

After results are announced, players discuss suspicions.

- Players vote; ties or no votes skip elimination.
- If a player is selected, they have 30-60 seconds to defend themselves.
- A final vote determines whether the player is eliminated.

Victory Check

- Lifeguards win: All Patrons are eliminated, or they reach the goal round count without sabotage.
- Patrons win: Patrons equal or outnumber Lifeguards, or they sabotage pools successfully for the required number of rounds.

Narrator Tips

- Maintain pace: keep Night Phases and Day Phases moving to prevent lulls.
- Keep actions secret and results clear.
- Announce each phase in order for consistency.

Game Duration

• A typical game lasts 60-90 minutes, with each round averaging 5 minutes.